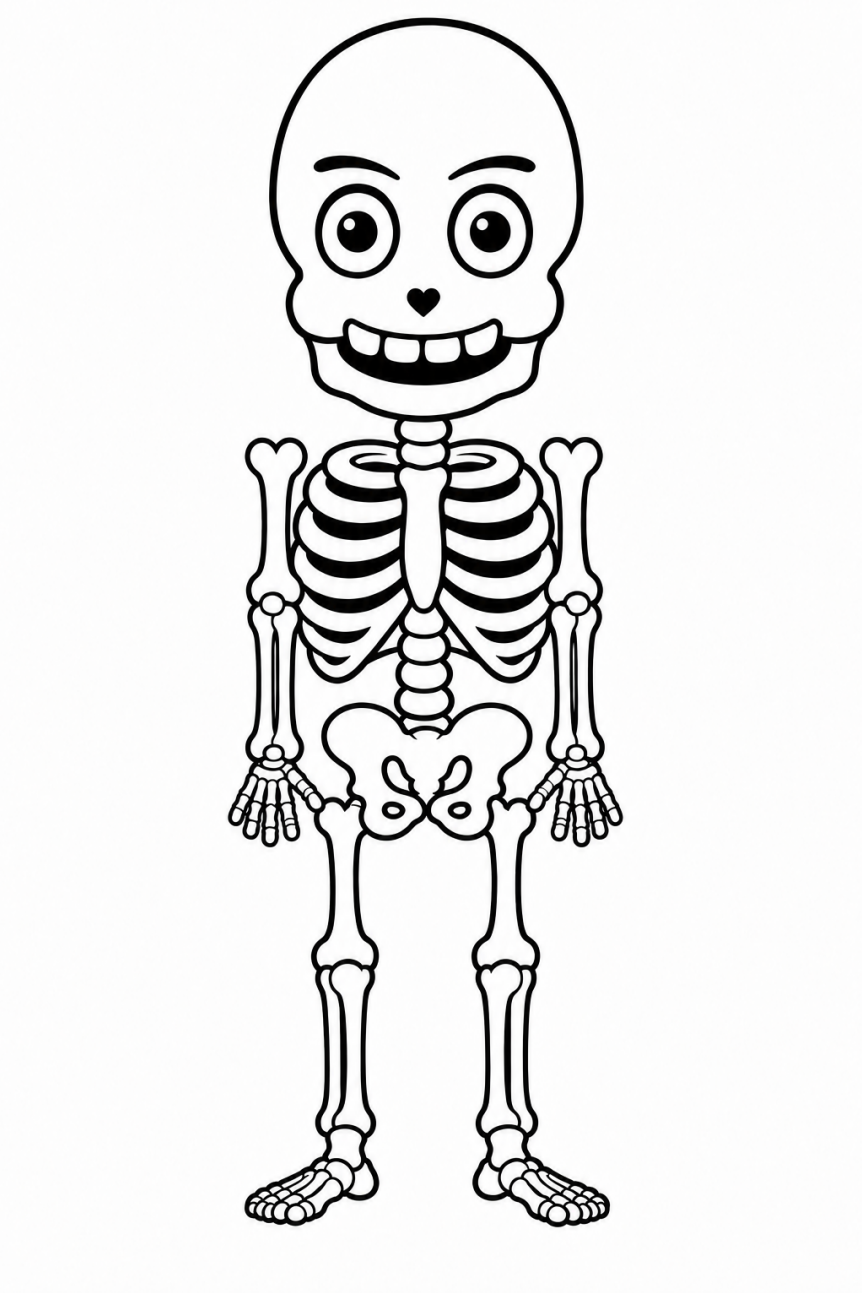
THE SKELETON DANCE

FREE PRESCHOOL ACTIVITY PACK / AGES 3-5 WITH A GROWN-UP

COLOR YOUR SKELETON

Choose your colors. Make your skeleton one of a kind!

Name: _____ **COLORING + CREATIVITY**



GROWN-UP GUIDE

Play the song once, then invite children to color. Ask: “What can your hands and feet do?” Use any colors; there is no right answer.

WATCH & DANCE!

youtu.be/pzZnoFuumMI

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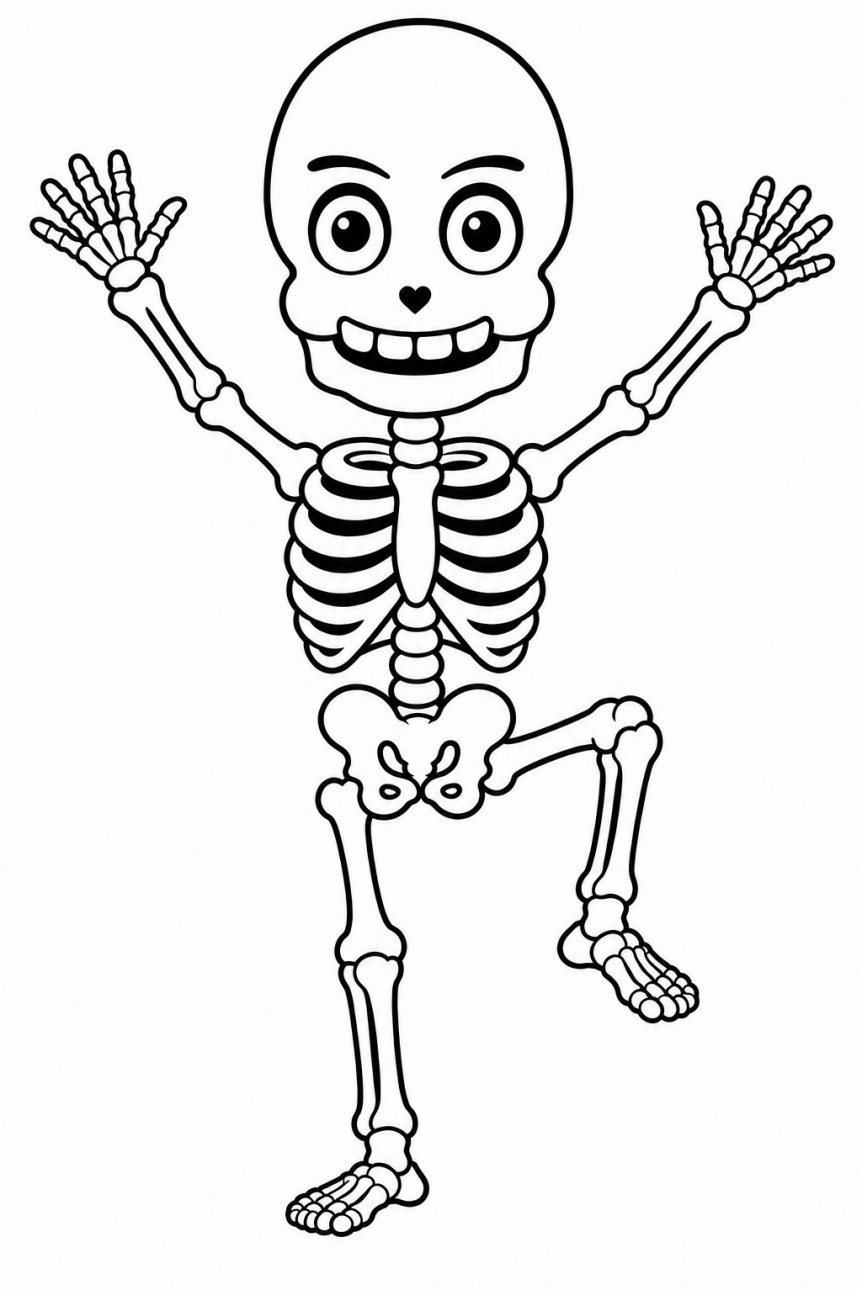
THE SKELETON DANCE

FREE PRESCHOOL ACTIVITY PACK / AGES 3-5 WITH A GROWN-UP

HANDS UP. DANCE ALONG!

Color the dancing skeleton. Show us your own dance pose!

Name: _____ **COLORING + MOVEMENT**



MAKE ROOM TO MOVE

Try hands up, a wave and four gentle marches. Children can dance standing or seated, or choose comfortable movements. Clear a little space first.

WATCH & DANCE!

youtu.be/pzZnoFuumMI

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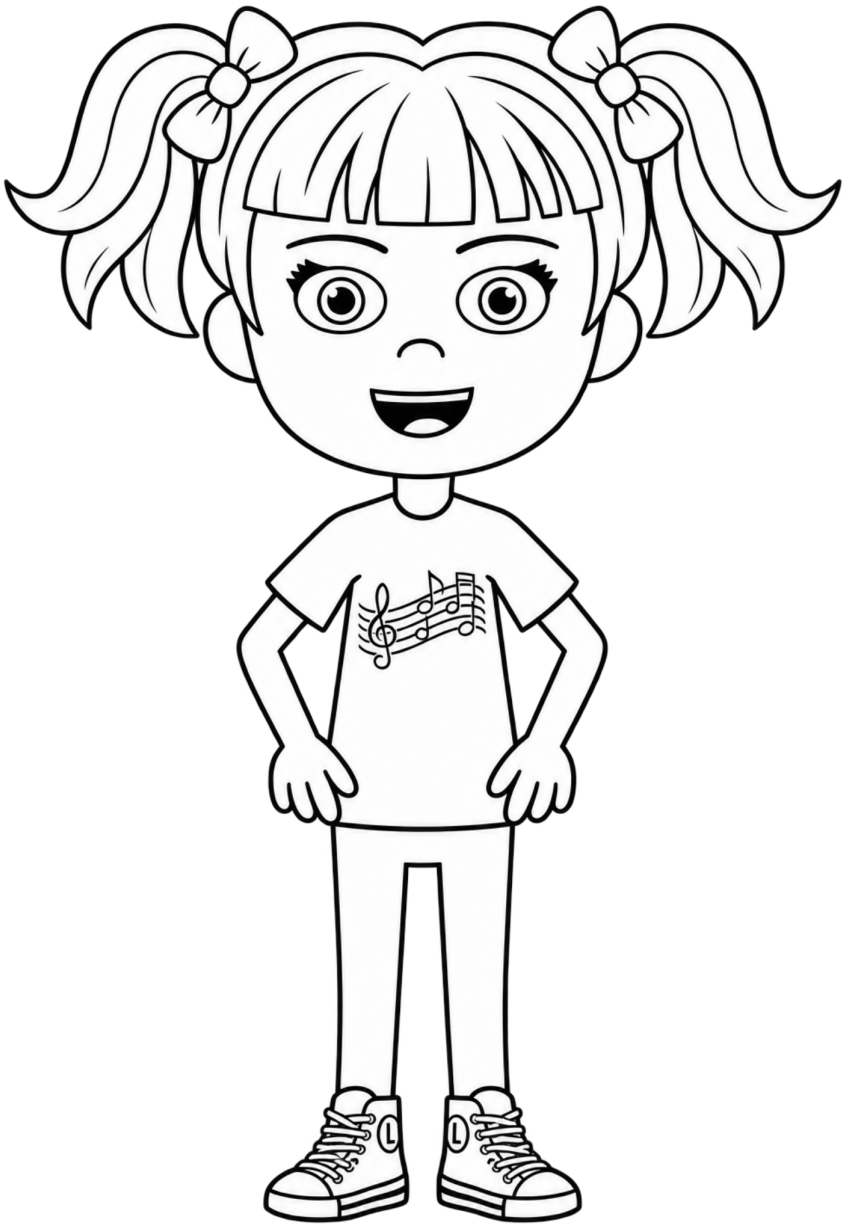
THE SKELETON DANCE

FREE PRESCHOOL ACTIVITY PACK / AGES 3-5 WITH A GROWN-UP

COLOR WITH LIANA

Give Liana a colorful outfit for the Skeleton Dance!

Name: _____ **COLORING + CREATIVITY**



SING AND COLOR

Invite children to choose their own colors. Play the song quietly while they color, or pause it for conversation. Ask: “What would you wear to dance?”

WATCH & DANCE!

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THE SKELETON DANCE

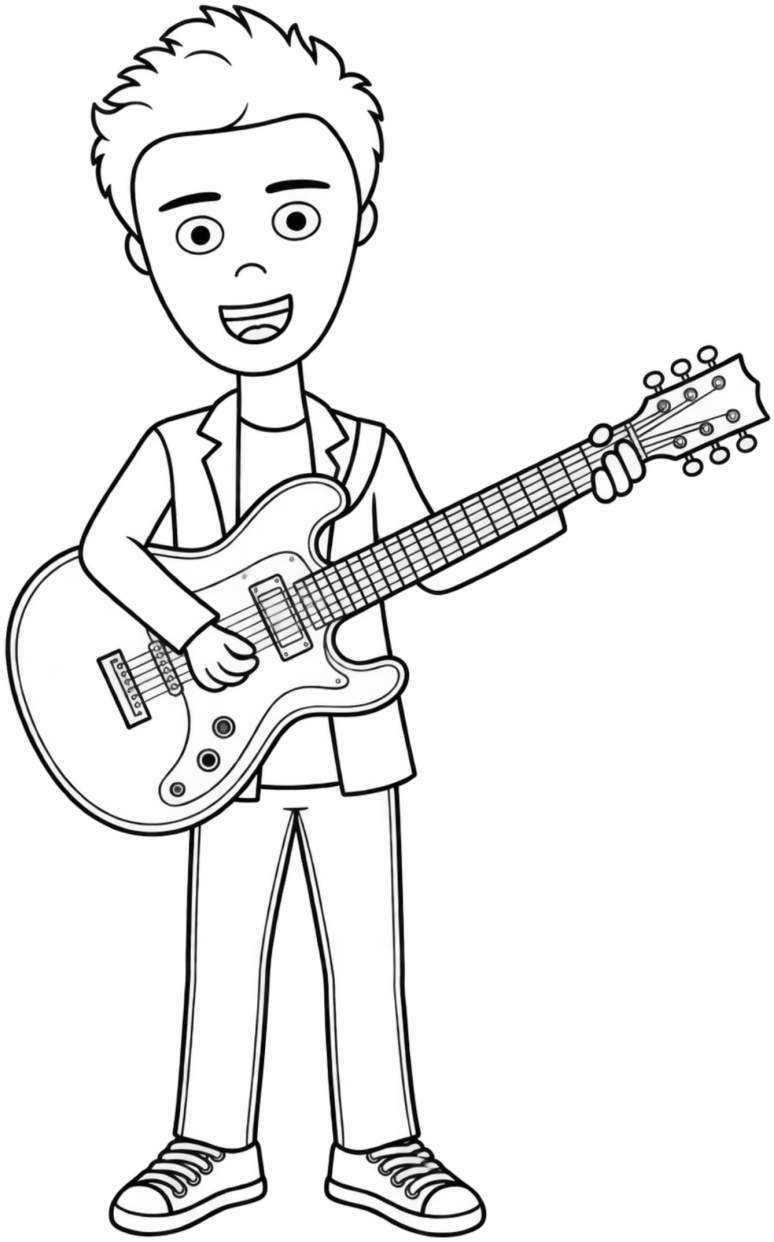
FREE PRESCHOOL ACTIVITY PACK / AGES 3-5 WITH A GROWN-UP

ROCK WITH DYLAN

Design a colorful guitar and outfit for Dylan!

Name: _____

COLORING + CREATIVITY



LISTEN AND IMAGINE

Ask: “What do you think Dylan’s guitar sounds like?” Try a gentle air-guitar pose or tap a rhythm together. Children can choose any colors they like.

WATCH & DANCE!

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THE SKELETON DANCE

FREE PRESCHOOL ACTIVITY PACK / AGES 3-5 WITH A GROWN-UP

COUNT THE MUSIC

Touch each note as you count. Circle how many you see.

Name: _____ **COUNTING 1-4**



1 3 2



3 2 4



4 1 3



2 4 3

COUNT, THEN MOVE

After each row, make that many gentle claps or taps. Pointing or saying the answer is fine. Answer key, top to bottom: 1, 2, 3, 4.

WATCH & DANCE!

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THE SKELETON DANCE

FREE PRESCHOOL ACTIVITY PACK / AGES 3-5 WITH A GROWN-UP

FIND IT. MOVE IT!

A grown-up reads. You point, mark and move.

Name: _____

BODY WORDS + LISTENING

1 HEAD

Point to the head.

Nod your own head.

2 HANDS

Circle one hand.

Wave your hands.

3 KNEES

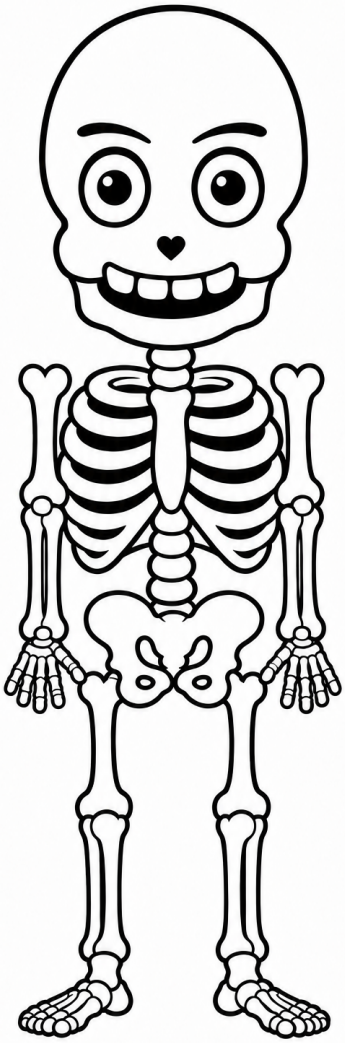
Put a dot on one knee.

Bend or tap your knees.

4 FEET

Color one foot.

March or tap your feet.



SAY IT TOGETHER

Name each part on the skeleton, then find it on yourself. Offer seated or small movements. This friendly cartoon is a body-word activity, not an anatomy diagram.

WATCH & DANCE!

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THE SKELETON DANCE

FREE PRESCHOOL ACTIVITY PACK / AGES 3-5 WITH A GROWN-UP

MAKE A DANCE PATTERN

Say the pattern. Circle what comes next. Then try it!

Name: _____ **PATTERNS + RHYTHM**

CIRCLE = CLAP

STAR = STOMP

PATTERN 1

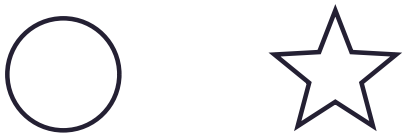




Circle one answer.

PATTERN 2





Circle one answer.

YOUR TURN: MAKE A PATTERN!

PLAY THE PATTERN

Read the shapes aloud. Clap or tap for circles; stomp gently or tap a knee for stars. Repeat together. Answers: Pattern 1 = circle; Pattern 2 = star.

WATCH & DANCE!

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